

FREE ONLINE EVENT

Youth Mental Health Summit:

Polyvagal Theory, IFS Therapy, Motivational Interviewing, and More for Anxiety, School Refusal, Grief, Addiction, and Other Challenges

28th–29th February & 1st March 2024

\$1,001.99 value

REGISTER NOW — COMPLETELY FREE!

Can't attend live? Register anyway for 14-day free access to the event!

*CPD hours and a bonus digital seminar are available with an optional upgrade.
Register for more information.

This event is not endorsed by, sponsored by, or affiliated with the IFS Institute and does not qualify for IFS Institute credits or certification.

Powerful New Strategies You Can Use NOW to Help Struggling Youth Thrive

Youth mental health is worse than it's ever been before.

Between the relentless onslaught of social media, the isolation and missed milestones from COVID-19, academic and social pressure to perform and conform...

Young people need support and understanding from adults in their lives more than ever.

But the challenges youth face today are so new and pervasive that **even seasoned clinicians feel powerless, out-of-touch, and unable to influence the children and adolescents they work with.**

But with the right tools, you CAN get through to youth.

In this FREE 3-day summit, 17 leading youth mental health clinicians share:

- What it's like to be a young person today and how to understand their world
- How to build trust with young clients

- Practical interventions for anxiety, depression, and low self-esteem

Register now to secure your spot in this FREE online training and discover proven, use-right-away strategies to connect with struggling youth, build their resilience, and help them thrive.

What You'll Get in This FREE 3-Day Training

You'll walk away from this FREE 3-day training with a clear roadmap for working effectively with the most common and severe problems youth face today, including anxiety, bullying, loneliness, addiction, depression, and suicidality.

In this training you'll discover how to:

- Build trust and rapport with young clients
- Get youth to talk about what's really bothering them
- Help young clients build resilience and see the big picture without being patronizing or offering empty reassurances
- Work effectively with complex or challenging family dynamics
- Work effectively with neurodivergent youth
- Tailor your interventions for each age group to make them relevant and effective for each young client

Don't miss your opportunity to join hundreds of your colleagues for this free 3-day program and get the therapeutic approaches and clinical interventions that truly help struggling youth.

MEET YOUR EXPERTS



Dr Christine Grove - [Click here for information about Christine Grove](#)



Anna Clarke - [Click here for information about Anna Clarke](#)

And many more experts from the field.... [Click here](#) to check the entire list of presenters.

29 February - 1 March, 2024

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[REGISTER HERE](#)

